
Manicure & Pedicure Course:

Course Duration: 10 Weeks

Course Fee: £94

Overview

One of the most popular treatments in a salon is Manicures and Pedicures. We all want beautiful looking hands and feet but are not sure how to get salon results at home.

This course will enable you to look after your own hands and feet as well as others. You will learn how to pamper your extremities by treating the skin and nails, massaging and learning how to have the perfect polished finish.

This is a course for anybody who wishes to look after their own hands and feet or interested in a first look at the beauty profession.

Aims and Objectives

Students who enrol in this course will be expected to learn:

- Hygiene and health and safety
- Basic anatomy and physiology for the hands and feet
- Contra-indications and how to recognise nail and skin disorders
- Essential product and equipment, what to use and what purchase
- Learn and practice the manicure and pedicure procedure
- How to varnish Nails with both French polish and colour
- Massage techniques

Course Structure

The programme will consist of 10 sessions of two hours each. There will be practice and theory with no formal homework. However, students will benefit from practice at home.

Lecturer: Mrs Wendy Freeman
E-Mail: TBC
Location: [College Main Building]
Session Hours: Tuesday [18:00 - 20:00]

Entry Requirements?

We will be unable to accept anybody on the course if they have cuts, abrasions or any contagious skin or nail complaints.

What do I need to bring?

You will be required to purchase some tools and products. You will also be required to bring a model to work on for some lessons

Important Points

- Gibraltar College reserves the right to make changes to this course without prior notice.
- All courses are accurate at the time of upload or print.
- Courses can only run if there are sufficient numbers.